Post-Treatment Instructions Sealants

- 1. Once sealants are light cured, your child may resume normal eating and drinking.
- 2. The sealants placed today are guaranteed by this office for 2 years if your child attends his/ her check-up and cleaning appointments every 6 months.
- 3. Your child should avoid hard candies and chewing ice to prevent fractures of his/her sealants.
- 4. Your child should avoid sticky candies that could pull out his/ her sealants.
- 5. Sealants do not prevent all decay. Flossing is still needed to protect the sides of your child's teeth.