

# Post-Treatment Instructions

## Dentures

- If an immediate denture is delivered, please follow Post-op Instructions following Extractions in addition.
- Please keep your new denture or partial in your mouth for 24 hours. If this is not possible, please wear for as long as possible.
- After 24 hours, please remove and clean.
- To clean a denture or partial, use a plain toothbrush, dish soap and water to clean denture. Please do not use any abrasives like toothpaste, baking soda or bleach. These items will create pores in your new appliance and may cause a breakdown of materials.
- Please use an over-the-counter denture cleaner as needed.
- It is common to experience discomfort after delivery of a denture. It is common to need an adjustment to the denture or partial. Please follow up with your dentist for your scheduled post-op visits.
- Your new dentures are like a new pair of shoes. Your tongue, cheeks, lips will need some time to get used to the denture or partial.
- Your speech may be different initially following delivery. To help, please read aloud several times a day so your mouth can learn to adjust to your new appliance.